

Admission Essay

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## Admission Essay

**Many people choose clinical psychology as a career because they are interested in helping other people. Please tell us additional reasons, other than helping people, why you would like to be a clinical psychologist.**

Becoming a clinical psychologist would undoubtedly be one of the best accomplishments for me. Far from assisting others, my passion in excelling in this career has been prompted by my inquisitiveness on how the human mind functions. I view this as one of the fascinating fields of life since it is possible that I will get to test most of the relevant theories applying to the interactions between individuals. I also feel that joining the career will enable me to explore some of skills I have acquired over time. For example, like other military personnel, I have at some point suffered from Post-Traumatic Stress Disorder. Out of my own personal experience, I was able to learn a lot since I further managed to partake in classes that enabled me to understand the way of life of war veterans suffering such mental illnesses. Concurrently, I feel obliged to confess that the many advancement opportunities presented by this career is one of the main reasons why I chose to partake in it.

Throughout my life I have been eager to become a part of something that is bound to enable me advance professionally as I make a change in other people's lives. Also, throughout the numerous interactions which I have had with individuals from different cultures I have managed to develop some conflict management skills which I feel may be useful in enabling me to excel in this career. Additionally, my passion to be a part of this career was fueled ever since I was in the army specifically as a Marine Corps veteran of Operation Iraqi Freedom. During my duration of service I got to work with individuals who advanced mental health related issues. I

feel strongly that when I become a clinical psychologist, I will provide a listening ear for war veterans and show them empathy while I work with the military and VA hospitals/clinics.

There is a great demand for clinical psychologists in almost all spectrums of the working environment. This explains why I am so eager to participate in creating quality life for people in all professions. Moreover, based on information provided by the United States Bureau of Statistics it is likely that there will be a 19 percent growth rate within the profession (Parham, White & Ajamu, 2015, p.166). Another reason why I am enthusiastic about becoming a clinical psychologist is based on my great love for tackling challenging practical and theoretical skills which the profession readily provides. Doing something that I love is one element that is bound to enhance my level of satisfaction and thus ensure that I am capable of resolving challenging issues. In addition to this, I have managed to observe the kind of misery being experienced by veterans and since most of the challenges they experience are psychological in nature, I feel that becoming a psychologist will offer me the required level of knowledge to unearth the psychosomatic problems they experience.

Clinical psychology also necessitates that one develop critical thinking skills. I, therefore, feel that by choosing to join this career, it will be possible for me to also tackle some of the challenges I encounter when interacting with other people. Also, by studying psychology it will be easy for me to comprehend some of the behaviors various individuals participate in. Rather, than just make mere assumptions, this is a discipline that is capable of offering viable explanations on various specifics in life. Likewise, I plan to advance career-wise and psychology presents the best opportunity for me to do so (Rosenthal, 2016, p.474). Besides, instead of specializing on only one area, I am hoping that I will be in a position to possess relevant knowledge and experience in many areas. I also chose to join psychology since it is bound to

offer me better communication skills while interacting with individuals, thus ensuring that I am able to engage in effective dialogues with them. Moreover, with the many myths regarding mental illness being evident within the contemporary society, psychology guarantees an understanding on how to tackle such ailments using alternative means other than medication.

## References

Parham, T. A., White, J. L., & Ajamu, A. (2015). *Psychology of Blacks: Centering our perspectives in the African consciousness*. Psychology Press.

Rosenthal, L. (2016). Incorporating intersectionality into psychology: An opportunity to promote social justice and equity. *American Psychologist*, 71(6), 474.